

QUAKER WOMEN'S ANNUAL RETREAT

Learning From Each Other

March 9-11 Highlands Presbyterian Camp and Retreat Center, Allenspark, CO
(Registration forms must be postmarked no later than Saturday, February 11)

Theme for the weekend: We all have talents, gifts and tools that have assisted us in our life journeys. This weekend we invite you to share your talents and gifts with our community of Quaker women. Saturday morning will be dedicated to a community-building workshop with Dale Grenfell. Dale is an educator, storyteller, certified mediator, freelance writer, and volunteer with Restorative Justice, among other qualifications. She focuses on the value of understanding one another's stories when building community or addressing conflict. Saturday afternoon we will gather as one group, sharing half hour sessions of our own stories or gifts. For example, Emily Northam will lead us in Qigong. What has been an essential tool/query/gift in your journey? Will you share that gift and that part of your story with us? If so, let us know when you register (see page 2).

Queries: What are some of your talents and gifts? How have your talents and gifts assisted you in your journey? Do we consider our talents and gifts when we measure our own success and the success/contribution of others? How can we encourage the valuing of talents and gifts as currency in a money-oriented world?

Plans: The retreat begins Friday night with a finger food potluck (foods that don't require refrigeration) and introductions. Saturday morning will offer yoga, worship sharing and introductions for Saturday arrivals, then the morning session. Following lunch and free time we'll have our afternoon half-hour sharing sessions. Evening activities will include a short peace meditation and games or musical talents. Sunday will offer worship sharing, cabin cleaning, Meeting for Worship, evaluations and, if necessary, a short business meeting.

Meals and Accommodations: There are two options for lodging: 1) Two modern cabins with dorm-style bunk beds, shared bathrooms, and lounge; and 2) One of three retreat center rooms (hotel-style) that sleep up to 4-6 people (2 or 4 twin beds, plus a double sofa bed per room). The camp provides meals for both omnivores and vegetarians beginning with breakfast on Saturday and ending with lunch on Sunday. If you have specific food requirements, the camp encourages you to contact Stuart at 303-747-2888 or by email food@highlandscamp.org.

Please consider sharing a talent or leading a half hour session on Saturday afternoon that shares a special part of your story and life's journey. Has music been a part of your story? You might lead a singing session. Has dance? Maybe you could share that with us. Has a particular philosophy given you a keen perspective on your life? Perhaps you could share that philosophy with us.

We also are looking for people to lead a worship sharing group, or even ice-breaker games on Friday night. For more information about this please contact Crystal at 217-390-7340 or crystalyw@gmail.com

Circle your preference:

Share (tell us what you'd like to share for Saturday afternoon sessions)

No thanks.

Lead Worship Sharing? Yes No

Share Game or Activity Friday? Yes No

Want to share something else? (ex. Morning yoga, hike) Yes No

Registration

Name: _____

Address: _____

E-mail: _____ Phone(s): _____

Special needs/requests (dietary, physical, or roommate preferences in Retreat Center): _____

Fees	Circle one	Cost	For more Info contact:Crystal Yates-White crystalyw@gmail.com or 217-390-7340 Make checks payable to: Colorado Regional Meeting Send checks and registration to Crystal at 2212 Vassar Ave., Fort Collins, 80521
Cabin Lodging @ \$23/night	Fri Sat	\$	
Retreat Center Room (\$33/night)	Fri Sat	\$	
Breakfast @ \$8.00	Sat Sun	\$	
Lunch @ \$9.00	Sat Sun	\$	
Dinner @ \$12.00	Sat	\$	
Registration fee (non-refundable) \$20		\$ 20	
Optional Donation to Scholarship Fund		\$	
TOTAL ENCLOSED		\$	
Request from Scholarship Fund		\$	

Registration forms must be postmarked no later than February 11, 2012!

After receiving your registration, Crystal will send you a confirmation letter with directions and suggestions on what to bring. To keep costs low, letter will be sent **via email** to all participants who provide their email address above.